

# PADDY TIMONEY

## REMEMBRANCE CUP



Dear ITF Members,

It is with great pleasure that you and your students are invited to the Paddy Timoney Remembrance Cup on the 22<sup>nd</sup> October 2022

This competition is open to ITF Taekwon-Do students 10<sup>th</sup> Kup to 6<sup>th</sup> Degree, from any affiliation. Please take the time to read the following information. We look forward to seeing you and your students at the competition.

Yours in Taekwon-Do,

Paddy Timoney Remembrance Cup Organising Committee

# PADDY TIMONEY

## REMEMBRANCE CUP

*22nd of October is the 10-year anniversary tournament for Paddy, we all know he died in the middle of his 5th degree black belt grading!*

*He had heart disease and didn't know - this is happening a lot more than we know to young people! Paddy was only 42!*

*The proceeds of the tournament will be split between ITF Scotland and the Heart Foundation.*

*The tournament we had in 2013 raised money to buy defibrillators that were placed in dojangs around Scotland.*

*Paddy would have been overwhelmed at the response from the last tournament! He always liked to see all styles and organisations in TKD come together! So, to old friends and competitors' dust of your gloves, come out of retirement and show us how it's done! New competitors show us what you have got... If you can't compete, help umpire or spectate... come show your support!*

*Let's do this, and as Paddy would say...*

## SCUD IT IN!

- Mrs J Timoney VI Degree



*An ITF Scotland Sanctioned Event*

# INVITATION & RULES

# PADDY TIMONEY

## REMEMBRANCE CUP

### GENERAL INFORMATION

#### DATE & VENUE

The event will be held on

**Saturday 22<sup>nd</sup> October 2022**

Ravenscraig Regional Sports Facility, 1 O'Donnell Way, Motherwell, North Lanarkshire.

#### PARTICIPATION

The Paddy Timoney remembrance Cup is an open event. This means clubs from any affiliation are welcome to participate at this event. NOTE: If you are not an ITF Scotland affiliated school, please familiarise yourself with the rules in this document and the official rules from the ITF website: <https://itfkd.sport/wp-content/uploads/2022/04/Official-ITF-Rules-of-Competition-Version-2022v1.pdf> , as these will be the rules in place at the event.

#### REGISTRATION OF SCHOOLS AND CLUBS

All registrations of schools and clubs will be done through SPORTDATA:

[https://www.sportdata.org/taekwondo\\_itf/set-online/veranstaltung\\_info\\_main.php?active\\_menu=calendar&vern=346&ver\\_info\\_action=info#a\\_eventhead](https://www.sportdata.org/taekwondo_itf/set-online/veranstaltung_info_main.php?active_menu=calendar&vern=346&ver_info_action=info#a_eventhead)

**Please note: Registration may close early depending on the number of entries received.**

#### CONDITIONS OF REGISTRATION - IMPORTANT

The Paddy Timoney Remembrance Cup will only accept registrations from schools and clubs that supply the appropriate number of umpires. Each school must participate with **FULL TIME UMPIRE(S)** according to the following:

- |                          |           |
|--------------------------|-----------|
| • 1 to 10 competitors    | 1 Umpire  |
| • 11 to 20 competitors   | 2 Umpires |
| • 21 to 30 competitors   | 3 Umpires |
| • 30 competitors or more | 4 Umpires |

Full Time umpires should be Blackbelts who are available for the duration of the event.

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# PADDY TIMONEY

## R E M E M B R A N C E C U P

### IMPORTANT NOTE

**Please be aware that in order to register competitors for the event, you must first register your umpires.** All competitors will be held on a waiting list for approval until umpires are registered to the event.

### COACHES

It is permitted to have a coach present at the event, **as long as the club meets the umpire to competitor ratio.** They may have the following number of coaches:

- |                          |             |
|--------------------------|-------------|
| • 1 to 5 competitors     | 1 Coach     |
| • 6 to 10 competitors    | 2 Coach     |
| • 11 to 20 competitors   | 3 Coach     |
| • 21 to 30 competitors   | 4 Coach     |
| • 30 competitors or more | Max 5 Coach |

A coach must be a training, licensed member of your school.

**Coach Fee is £15 per coach.**

### ACCREDITATION

All competitors, coaches and umpire's entry will be by ID card. Spectators will have entry tracked by a wristband. The wristbands will be available to purchase at the door.

### INSCRIPTION

All ID cards and wristbands should be collected first at inscription. This will be at the same times and venue as the weigh-in.

**Coach ID cards will be only be issued on the morning of the event but only if the umpire quota has been confirmed.**

# PADDY TIMONEY

## REMEMBRANCE CUP

### REGISTRATION - WEIGHT / HEIGHT CHECK

All competitors MUST register at the official registrations listed below bringing their ID card with them for scanning. Any competitor not registering will be scored out on the drawsheet and be unable to compete.

The weight / height check will take place at Ravenscraig Regional Sports Facility during the following times:

Friday 21<sup>st</sup> October                      from 6-9pm (any competitor)

Saturday 22<sup>nd</sup> October                from 8-9am (any competitor)

It is highly recommended that competitors complete height / weight check on the Friday evening, to allow for any category changes to be made. **No category changes will take place on the Saturday morning.** If a student does not make height / weight they will be removed from the category. Please ensure you double check your height / weight when registering for the event.

During weigh in ALL competitors must wear dobok trousers and t-shirt. A weight tolerance of 0.5kg is given.

### CONFIRMATION OF COMPETITOR DETAILS

**It is solely the responsibility of the instructor** to verify that their students' details are correct and they have been placed in the correct categories.

**There will be no changes made to categories on the day of the competition. If they are entered incorrectly, they will miss out on their correct category event.**

Therefore, if your competitors intend to complete the registration on the day of competition there will be no allowance to make any category change. Should your competitors not make the height / weight category accordingly they will be removed from that event.

**We encourage all competitors to complete the height and weight check on the Friday evening, to allow any changes to be made if required.**

# PADDY TIMONEY

## REMEMBRANCE CUP

### REGISTRATION & PAYMENT DETAILS

This is a club event, registration must be completed online via, By instructors via [www.sportdata.org](http://www.sportdata.org)

- Registration opens 7<sup>th</sup> August 2022
- **Registration closes Friday 7<sup>th</sup> October 2022, at 23:59 GMT**

**No competitors can enter after the closing date!**

*Please note: Registration may close early depending on the number of entries received.*

Instructors must pay registration fees by 7<sup>th</sup> October 2022 to account:

International Taekwon-do Federation (Scotland) Limited.

Account Number: 43740861

Sort Code: 09-01-28

BIC: ABBYGB2LXXX

IBAN: GB64ABBY09012843740861

Please ensure you use your school/club name as a reference

### COMPETITION ENTRY FEES

All Competitors	£30.00
Coach	£15.00
Spectators	£5.00 Adults
	£2.00 Children 5-15 years

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## OFFICIAL ATTIRE

### ATHLETES

As this is an open event all dobok styles will be allowed.

All blackbelt competitor belts must show their current degree, variations of calligraphy will be allowed.

All Kup grades must have a single colour belt with tags on either end, or a full colour striped belt.

Competitors in Kids programmes within their school, may wear their kids programme uniform, with the equivalent ITF Taekwon-do belt.

### COACHES

All coaches must also wear a tracksuit, training shoes and towel. The official ITF Tournament rules provides official details of coach attire.

### UMPIRES

BLACKBELT Umpires and Jury Members should wear official ITF umpire attire:

- Navy Jacket and Trousers
- White shirt
- Blue tie no instructor colours (RED / GOLD ETC..)
- White shoes and socks



## SAFETY EQUIPMENT

### Compulsory equipment

- Closed finger, Open palm sparring gloves
- Foot protection
- Head protection
- Gum shield
- Groin guard (Males only)

### Optional Equipment

- Body Armour (10 years and under)
- Shin guards
- Chest Protectors (Female)
- Groin Guard (Female)

## TOURNAMENT RULES

ITF rules will apply with modifications to suit age, experience, and gender.

# PADDY TIMONEY

## R E M E M B R A N C E C U P

### DIVISIONS & CATEGORIES

#### AGE GROUPS

The competition will be divided into the following age divisions:

- Youth 0-7 years
- Cadets 8-10 years
- Pre-Jnr 11-13 years
- Jnr 14-17 years
- Senior 18-35 years
- Adv Snr 36+ years
- ASN Jnr/Snr

#### AGE GROUPS

All categories will be split male and female.

#### BELT COLOUR GROUPS

Please refer to all categories for specific bandings of colours.

#### ENTRIES

There must be at least two (2) competitors in any division and /or category. In case of only one (1) competitor, the organising committee reserve the right to merge the competitor to another category.

# PADDY TIMONEY

## REMEMBRANCE CUP

### PATTERN

#### COLOURED BELTS

The competitors will perform **one optional** pattern according to their grade, up to and including the final:

- Elementary TKD: 4 Punches forward & backwards in Walking Stance
- White Belt: Saju-Jirugi / Saju-Makgi / Chon-Ji
- Yellow Belt: Dan-Gun / Do-San
- Green Belt: Won-Hyo / Yul Gok
- Blue Belt: Joong-Gun / Toi Gye
- Red Belt: Hwa-Rang / Choong-Moo

Please note: 'Elementary TKD' is aimed at students within Kids Programmes, that haven't yet learned an ITF Taekwon-do Pattern. Students Should wear a belt that is white in colour.

#### BLACK BELTS

Competitors will perform **one designated** pattern according to their grade, up to and including the final:

- 1<sup>st</sup> Degree: Kwang-Gae / Po-Eun / Ge-Baek
- 2<sup>nd</sup> Degree: Eui-Am / Choong-Jang / Juche
- 3<sup>rd</sup> Degree: Sam-IL / Yoo-Sin / Choi-Yong
- 4<sup>th</sup> – 6<sup>th</sup> Degree: Yong-gae / Ul-Ji / Moon-Moo

#### ADDITIONAL SUPPORT NEEDS

In the rounds, the competitors will perform **optional** pattern according to their grade.

The division may be split by grades on the day of the event.

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## REMEMBRANCE CUP

### PERFORMANCE NOTES:

#### In the case of a draw:

Both competitors will be given a designated pattern from Chon-Ji up to the limit of the lowest grade competing, excluding any pattern that was performed in the first pattern. **White belts may perform the same pattern again.**

### SPARRING

#### CATEGORIES DEFINED BY HEIGHT

YOUTH	<120CM, <130CM, >130CM
CADETS	<130CM, <140CM, <150CM, >150CM
PRE-JNR	<150CM, <160CM, <170CM, >170CM

**NB: <120cm means it's up to and including 120cm. <130cm means over 120.1cm and up to 130cm.**

#### BELT COLOUR GROUPS FOR HEIGHT DEFINED CATEGORIES

YOUTH, CADETS AND PRE-JUNIOR will be split both MALE and FEMALE with following belt colour groups:

- White – Yellow Belt
- Blue – Green Belt
- Red - Black Belt

#### CATEGORIES DEFINED BY WEIGHT

JUNIORS will compete in the following belt colour groupings:

- White – Green Belt
- Blue – Red Belt
- Black Belt

The following weight categories will apply for Junior Kup Grades:

- Male <56KG, <68KG, >68KG
- Female <56KG, <68KG, >68KG

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## R E M E M B R A N C E C U P

The following weight categories will apply for Junior Black Belts:

- Male <50KG, <56KG, <62KG, <68KG, <75KG, >75KG
- Female <45KG, <50KG, <55KG, <60KG, <65KG, >65KG

**NB: <56kg means it's up to and including 56kg. <62kg means over 56.1kg and up to 62kg.**

SENIOR and ADV SENIOR will compete in the following belt colour groupings:

- White – Green Belt
- Blue- Red Belt
- Black Belt

The following weight categories will apply for Senior Kup Grades:

- Male <63KG, <78KG, >78KG
- Female <55KG, <65KG, >65KG

The following weight categories will apply for Senior Black Belts:

- Male <57KG, <63KG, <70KG, <78KG, <85KG, >85KG
- Female <50KG, <56KG, <62KG, <68KG, <75KG, >75KG

The following weight categories will apply for Adv Senior Kup and Black Belts:

- Male <78KG, <85KG, >85KG
- Female <68KG, <75KG, >75KG

### Additional Support Needs

Will be split according to height/weight on the day.

### SPARRING FORMAT

All categories will be in continuous sparring format. There will be no point stop sparring.

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### SPARRING MATCH DURATION

Unless stated all time periods are for elimination rounds and finals. All matches if resulting in a draw will conclude in a 1<sup>st</sup> point deciding round.

#### CADETS:

All grades will be 1 x 60 secs.

#### YOUTH & PRE-JUNIOR

All grades will be 1 x 90 secs.

#### JUNIOR:

Kup Grades will be 1 x 120 secs.

Black Belts will be 1 x 120 secs.

Black Belt Finals will be 1 x 180 secs

#### SENIOR:

Kup Grades will be 1 x 120 secs.

Black Belts will be 1 x 120 secs.

Black Belt Finals will be 1 x 180 secs

#### ADV SENIOR:

Kup Grades and Blackbelt will be 1 x 120 secs.

### ACCOMMODATION

The following is some nearby accommodation.

#### Ravenscliff (300 METERS)

1 Prospecthill Road, Motherwell, ML1 2UE

[www.marstonsinns.co.uk](http://www.marstonsinns.co.uk)

#### Holiday Inn Express – Hamilton (4.7 MILES)

Keith Street, Hamilton, ML3 7BL

[www.expresshamilton.co.uk](http://www.expresshamilton.co.uk)

#### Premier Inn– Hamilton (NEW HOTEL) (5.3 MILES)

Townhead Street, Hamilton, ML3 7BQ

[www.premierinn.com/](http://www.premierinn.com/)

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