



July 19th, 2022

North Lanarkshire Open Championships 2022

Dear Grand Master's, Master's and Instructor's,

It is with great pleasure that you and your students are invited to North Lanarkshire Open Championships on **Saturday 10th September 2022, in Motherwell, Scotland.**

This competition is open to all grades, in the following categories; under 7 years, 8-10 years, 11-13 years, 14-17 years, 18-35 years & 36 years plus, as well as separate divisions for those with Additional Support Needs.

Please take the time to read the following information. If you have any queries please do not hesitate to contact us at the following address info@gmactmartialarts.co.uk

We look forward to seeing you and your students at the competition.

Yours in Taekwon-Do

North Lanarkshire Open Tournament Committee



PLACE AND TIME OF EVENT:

Date: The Championships shall take place on **Saturday 10th September 2022**.

Venue: **Ravenscraig Regional Sports Facility**, O'Donnell Way, Motherwell, ML1 2TZ

Time: The competition will **start at 09.00am**.
Doors & Registration from 08.00am

Please note the day will be split into two separate sessions in order to schedule the day accordingly for all competitors , i.e. Those 13 years & under, and those 14 years & over.

Details of full timetable will be released 7 days in advance of the event.

DIVISIONS:

The competition will be divided into the following divisions:

- 7 years & under
- 8 to 10 years
- 11 to 13 years
- 14 to 17 years
- 18 to 35 years
- 36 years & over
- Additional Support Needs*
 - ASN will be sub-divided into -13 yrs, 14-17 yrs, 18+ years

PATTERN:

Coloured Belts

In each division the competitors will perform one optional pattern from within their belt grade:

- White Belt: Saju-Jirugi / Saju-Makgi / Chon-Ji
- Yellow Belt: Dan-Gun / Do-San
- Green Belt: Won-Hyo / Yul-Gok
- Blue Belt: Joong-Gun / Toi-Gye
- Red Belt: Hwa-Rang / Choong-Moo



Black Belts

In each division the competitors will perform one designated pattern from within their grade. In the final the competitors will perform one designated pattern from within their grade, plus one designated pattern from Chon-Ji to their grade:

- I Degree: Kwang-Gae / Po-Eun / Ge-Baek
- II Degree: Eui-Am / Choong-Jang / Juche
- III Degree: Sam-Il / Yoo-Sin / Choi-Yong
- IV – VI Degree: Yong-Gae / Ul-Ji / Moon-Moo

Traditional ITF Pyramid system will be in use.

SPARRING:

Height/Weight classes for the sparring competition will be appropriate to age and grade (W-Y, G-B & R-Blk):

- 7 & under -120cm, -130cm, +130cm
- 8-10 years -130cm, -140cm, -150cm, +150cm
- 11-13 years -150cm, -160cm, +160cm
- 14-17 years Female -50kg, -60kg, +60kg
- 14-17 years Male -56kg, -68kg, +68kg
- 18-35 years Female -60kg, -70kg, +70kg
- 18-35 years Male -65kg, -75kg, +75kg
- 36 years + Female -65kg, +65kg
- 36 years + Male -75kg, +75kg
- ASN Will be split accordingly

NB All sparring categories will be split into Male/Female.

All bouts will be continuous sparring.

We reserve the right to mix classes if the number of competitors in a class is less than 3 persons.

Sparring bouts will run according to the following:

- All under 10s 1 x 1 ½ minutes up to an including final's
- 11 years and over 1 x 2 minute round. Final will be 2 x 2 minute rounds.

In the event of a draw the bout will go to Golden Point to decide the winner (with the exception of round robins).



Sparring divisions will run according to traditional pyramid system, unless 3 competitors in which case it will be a round robin event.

SAFETY EQUIPMENT:

The following safety equipment is compulsory for all competitors;

- Open Fist / Closed Finger Gloves (no boxing gloves)
- PU / Leather Feet
- Head Guard
- Mouth Guard (clear)
- Groin Guard (male only)

The following safety equipment is optional;

- Body Armour (optional for -10s only)
- Shin Guards (optional)
- Chest Protector Female (optional)

SPECIAL TECHNIQUE

All competitors will complete the following technique(s):

- Twimyo Nopi Chagi



TOURNAMENT ONLINE ENTRY AND FURTHER INFORMATION

CLOSING DATE:

The closing date for entries is 31st August @ 23:59 hrs. No entries will be accepted after the closing date.

UMPIRES

The success of everyone's events is based upon the number of umpires in attendance and the even spread to school/group representation. In today's political infrastructure no one group can supply sufficient umpires to encompass the many rings and categories that are available to the students at today's events.

Every club/team **must** bring umpires. Competitors will be held on a waiting list until Umpire Quota is fulfilled. 50% of the umpire's quota must be **full time** umpires over the age of 16 and not competitors on the day.

- 1 to 10 competitors 1 Umpire
- 11 to 20 competitors 2 Umpire
- 21 to 30 competitors 3 Umpires
- 30 competitor's or more 4 Umpires

COACHES

Coaches are permitted if the Umpire quota is fulfilled according to those detailed above. Cost per coach is £10.

- 1 to 10 competitors 1 coach pass
- 11 to 20 competitors 2 coach passes
- 21 to 30 competitors 3 coach passes
- 30 competitor's or more 4 coach passes (max)



PARTICIPATION FORMS & REGISTRATION DEADLINE

Participation forms accompany the invitation in order to distribute to your students. Entries should be completed by instructors via www.sportdata.org

Registering your school for the event is simple follow the steps below:

1. Head to www.sportdata.org and choose North Lanarkshire Open from the list of events
2. From this page please click "Login" at top right corner
3. Enter your Login details (if you have an existing account) or
4. New users click "Create New Account" and complete the fields required
5. NLO Registration will be sent details of your registration
6. You will now be able to register your competitors
7. Please ensure mailing address is included, in order that Competitor ID cards can be distributed in advance of the event.

A full list of the categories can be found on the registration website. This will allow you to view the categories as they are populated, and results on the day.

Online entry will open on 1st August 2022, and close @23:59 hours on 31st August 2022.

ACCREDITATION

All competitors, coaches and umpires entry will be via an ID card. Spectators will have their entry tracked via wristband. The wristbands will be available to purchase by:

- Pre-Paid in advance
- Pre-Paid at inscription (Friday evening, Time TBC)
- At the door

(see costs below)

INSCRIPTION

All ID cards and wristbands will be posted out in advance.

Coach ID Cards will only be issued on the morning of the event but only if the umpire criteria has been confirmed.



ENTRY FEES

All competitors £30.00 GBP

Coaches £10.00 GBP

Spectators (in advance)	Children under 4	FREE
	Children 5 – 15 years	£2.00
	Adults 16 years +	£5.00

** On the door price will increase by £1.

Entry fee & advance spectators' payments must be made by instructors only, and to the account detailed below:

Bank: Santander

Account Name: TKD EVENTS

Account Number: 26385017

Sort Code: 09-01-29

BIC: ABBYGB2LXXX

IBAN: GB23ABBY09012926385017

Please use your club name as a reference.



HEIGHT & WEIGHT CHECK

Instructors it is your responsibility to ensure the correct heights/ weights are entered on the application forms, as well as correctly as part of the online entry.

All competitors MUST register at the official registrations listed below, bringing with them their ID Card for scanning. Any competitor who has not completed the registration in advance will be scored out on the drawsheet and unable to compete.

The weight / height check will take place at Ravenscraig Regional Sports Centre during the following times:

FRIDAY 9th SEPTEMBER	from 6pm – 8pm
SATURDAY 10th SEPTEMBER	timing's will be advertised after the closing date.

No changes can be made to divisions on the day of the event. It is possible to make amendments / changes to the competitors individual categories right up until Friday 9th September. There will be no charge for this.

However, there will be no changes made to categories on the day of the competition. If they are entered incorrectly, they will miss out on their correct category event.

Therefore, if your competitors intend to complete the registration on the day of competition there will be no allowance to make any category change. Should your competitors not make the height / weight category accordingly they will be removed from that event.

We encourage all competitors to complete the height and weight check on the Friday evening, to allow any changes to be made if required.

RULES

The rules for the competition will be the official rules of the International Taekwon-Do Federation, with modifications to suit age, experience and gender.

NORTH LANARKSHIRE OPEN 2022

SATURDAY 10th September 2022

Ravenscraig Regional Sports Facility, O'Donnell Way, Motherwell, ML1 2TZ

Starts: 9.00 am



COMPETITORS DETAILS - ALL PARTS MUST BE COMPLETE

Forename:	<input type="text"/>	Surname:	<input type="text"/>				
D/O/B:	<input type="text"/>	Age:	<input type="text"/>	Sex:	<input type="text"/>		
TKD School:	<input type="text"/>	Instructor:	<input type="text"/>				
Licence No:	<input type="text"/>	Expiry Date:	<input type="text"/>				
Grade:	<input type="text"/> White	<input type="text"/> Yellow	<input type="text"/> Green	<input type="text"/> Blue	<input type="text"/> Red	<input type="text"/> Black	<input type="text"/> Deg:

PLEASE CIRCLE

AGE DIVISION

7 yrs & under	<input type="text"/>	11 to 13 years	<input type="text"/>	18 to 35 years	<input type="text"/>
8 to 10 years	<input type="text"/>	14 to 17 years	<input type="text"/>	36 yrs & over	<input type="text"/>
ASN Competitor	<input type="text"/>				

CATEGORIES

CATEGORIES

Pattern:	<input type="text"/>
Sparring:	<input type="text"/>
Spec Tech:	<input type="text"/>

HEIGHT & WEIGHT (Both must be complete)

Height (cm)	<input type="text"/>	CM
Weight (kg)	<input type="text"/>	KG

Please note all competitors must have the appropriate equipment to take part in sparring.

Declaration & Waiver

I wish to enrol as a competitor for this event and state that I am physically fit for participation in my chosen events. I participate entirely at my own risk and have adequate insurance cover should I be injured. I acknowledge that I have the correct details and accept that I may be disqualified if the details are incorrect. I also agree to abide by the rules of the competition event and will accept the decisions of the umpires and referees.

Competitor Signature:	<input type="text"/>	Instructor Signature:	<input type="text"/>
Date:	<input type="text"/>	Date:	<input type="text"/>

Please hand in your entry form along with licence booklet:

Entry Fee:

£30

Closing Date:

31/08/2022

ALL ENTRIES SHOULD BE ENTERED BY INSTRUCTORS ONLINE VIA WWW.SPORTDATA.ORG BEFORE THE DEADLINE OF 23:59HRS ON THURSDAY 31st AUGUST 2022

Pre-paid spectator bands can be purchased in advance to save having to que on the day. Please speak to your instructor for further details.

NORTH LANARKSHIRE OPEN 2022

SATURDAY 10th September 2022

Ravenscraig Regional Sports Facility, O'Donnell Way, Motherwell, ML1 2TZ

ADVANCE SPECTATOR BAND PURCHASE

Spectators can pre-purchase wristbands to attend and view the event. This will not only save time on the day, but also saving against the on the door price.

Type of Ticket	Cost	Number Required
Children 4 years & under	FREE	<input type="text"/>
Children 5 - 15 years	£2.00	<input type="text"/>
Adults 16 years & over	£5.00	<input type="text"/>
	Total	<input type="text" value="£0.00"/>

Instructor payments can be made to the same account as entry fee payments.

Please make a separate payment for this using "Your School Name & Spectators"

This application should be sent to info@macmartialarts.co.uk on or before **31st August 2022**