## **International Taekwon-Do Federation (Scotland)**

## **NATIONAL TEAM COMPETITOR AGREEMENT 2017**

- 1. I will abide by all rules related to the ITF Scotland National Taekwon-Do Team codes of conduct and selection procedures as determined by ITF Scotland and its management and coaching staff. I have been provided with a copy of these rules. (viewable via www.itfscotland.com)
- 2. I will act in a sportsmanlike manner consistent with the spirit of fair play and responsible conduct.
- 3. I will maintain a high level of fitness and competitive readiness that will permit my performance to be to the maximum of my ability.
- 4. I will not commit any doping violation.
- 5. I will not engage in any conduct that is criminal under any laws applicable to me.
- 6. I confirm that I am eligible to compete for Scotland under the rules of All Europe Taekwon-Do Federation and International Taekwon-Do Federation and that I hold a valid ITF Dan certificate for my current grade.
- 7. I will refrain from any conduct, which may detract from my ability or that of my teammates to attain peak performance.
- 8. I will at all times respect the property of others whether personal or public. I understand that any physical damage to facilities, equipment, furnishings, or loss of items in a room where I am lodged, will be paid for by those individuals assigned to the room in which the damage or loss occurs, including destruction of property (including that caused by horseplay, fighting, or wilful or negligent misconduct etc.)
- 9. I will pay due respect to all members of the ITF Scotland National Team, Coaching Team, Officials, Other Teams, Spectators, and will not engage in any form of discriminatory behaviour or verbal, physical or sexual harassment or abuse.
- 10. I will follow my Team's rules, including rules regarding alcohol, curfew and required attendance at team meetings, practice sessions etc. I have been provided with a copy of these rules.
- 11. I am aware that approved sponsors or suppliers provide critical support for the ITF Scotland National Team and, in recognition of this fact, I will only wear designated ITF Scotland National Team Dobok, Tracksuit, T-Shirts, Sports Bag etc as required including travel to and from sanctioned international events, while competing, supporting, and coaching, for required promotional photographs and/or media photographs/video or public/promotional appearances etc.
- 12. In connection with participation in the National Team, I agree to have my photographs taken and whenever possible participate in any media photographs/video or public/promotional appearances etc.
- 13. I will act in a manner that will bring respect and honour to Scotland, my teammates, the Coaching and Management Team and Taekwon-Do.
- 14. I accept that at all times I am an ambassador for Taekwon-Do and for Scotland and I will act in a manner that befits that ambassadorial role.
- 15. I will support my teammates at all times and endeavour to the best of my ability to create a positive and encouraging atmosphere in both practice and competition.
- 16. I will take full responsibility for all aspects of my performance including managing my weight, strength and conditioning targets, flexibility and management of any injuries as prescribed by the Coaching Team.

  Furthermore, I will take full responsibility for seeking advice on any and all aspects of my performance as determined by the coaching team.
- 17. I understand that should my Instructor be dissatisfied with my attendance the matter may be reported to the National Team Manager to decide on further action.
- 18. I undertake that as a matter of courtesy, I will ask for permission from the Coaching Team to participate in any activity, which may result in my absence from a National Squad Session, such as National/International Championships, Seminars or Training Camps. Such permission will be at the sole discretion of the Coaching Team but will not be unreasonably withheld provided that (a) appropriate notice is provided;(b)

- the event is deemed appropriate and (c) participation does not unduly impact on wider team training and preparation.
- 19. I accept that Taekwon-Do is a contact sport and I confirm that I have full insurance to cover any risk of injury or harm to myself or others or any other eventuality that I may suffer. I further accept that no member of the Coaching and Selection team or the National Team management or the Officers of any group involved in National Team Coaching, Selection or Management shall have any liability towards me in the event that I suffer any injury or harm whether in the course of training or competition or travelling to or from any training or competition.
- 20. I understand that any selection for the National Team or any other competition is entirely at the discretion of the National Team Coaching, Selection or Management.
- 21. I accept that it is my responsibility to ensure that I have all necessary travel documentation and that all such documentation is up to date.
- 22. I understand that I must abide by the accommodation requirements and will be accommodated forthedurationofthechampionshipsalongsidemyteammatesinthedesignatedhotel. Coaching staff reserve the right to change competitor's rooms/sharing arrangements should they feel that there is a risk to an individual's safety or wellbeing.
- 23. I agree to make all necessary payments required as part of the national team on time, and hand in the appropriate documentation when asked to do so by either the coaching staff or management team.

## NB: Please fill in using BLOCK CAPITALS. Tick where appropriate.

I have read and accept the Athlete Codes of Conduct.

I realise that should I breach any of the terms of this agreement I may be subject to disciplinary action by the Coaching and Selection Team and or ITF Scotland, and that the consequences of my actions could affect my opportunity for National Team selection now and in the future.

I accept and agree that nothing in this agreement gives me any right of action over the Coaching and Selection team, National Team management or the Officers of any group involved in National Team Coaching, Selection or Management of ITF Scotland.

Competitor's Full Name:			
Address:		Postcode: _	
Home Tel:	Mobile Tel:	* E-mail:	
Competitor's Signature:		Date:	
PARENTS/LEGAL GUARDIAN	NS OF MINORS		
National Team Code of Conduct;	'	above, have had sufficient opportunity to review t ntent; and have explained to my Son/daughter/wans.	•
Parent/Legal Guardian's Name	e:		
Address:		Postcode: _	
Home Tel:	Mobile Tel:	* E-mail:	
Signature of Parent/Legal Guardian:		Date:	

NB: This application will not be accepted for junior competitors unless signed by parent or guardian.