

SCOTTISH CHAMPIONSHIPS 2017



INVITATION

1st January 2017

Dear ITF Members,

It is with great pleasure that you and your students are invited to the ITF Scottish Championships on 25th & 26th February 2017, according to the following schedule;

Saturday 25th February 14 years & over
(Junior, Senior & Adv. Senior)

Sunday 26th February 13 years & under
(Tots, Kids & Pre-Junior)

This competition is open to ITF Taekwon-Do students 10th Kup to 6th Degree.

Please take the time to read the following information.

We look forward to seeing you and your students at the competition.

Yours in Taekwon-Do,

ITF Scotland Tournament & Umpire Committee

INFORMATION

DATE & VENUE

The event will be held on

Saturday 25th February 2017 – Junior, Adults & Senior Competition

Sunday 26th February 2017 – Tots, Kids & Pre-Junior Competition

In **Ravenscraig Regional Sports Facility**, 1 O'Donnell Way,
Motherwell, North Lanarkshire.

The competition is open only to ITF members, and will run according to ITF rules & regulations.

Competitors must wear ITF dobok (no club suits), and ITF Belt (no full stripe belts, other than Junior Black Belt). Competitors must be from 10th Kup to 6th Degree.

DIVISIONS & CATEGORIES

The competition will be divided into the following divisions:

- Tots (7 years & under)
- Kids (8 – 10 years)
- Pre-Junior (11 – 13 years)
- Junior (14 – 17 years)
- Senior (18 – 35 years)
- Adv. Senior (36 years & over)

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There must be at least two (2) competitors in any division and /or category. In case of only one (1) competitor, ITF Scotland reserve the right to merge the competitor to another category.

A full list of categories can be found on the event website.

PATTERN

In each category the competitors will perform one optional pattern according to their grade.

e.g. Yellow Belt Pattern Competitors can perform either Dan-Gun or Do-San.

In the final, the competitors will perform two patterns; one pattern designated according to grade, and one pattern designated from Chon-Ji to their grade.

SPARRING

Height/Weight classes for sparring competition will be:

Tots	<110cm, <120cm, <130cm, >130cm		
Peewee	<120cm, <130cm, <140cm, <150cm, >150cm		
Cadets	<140cm, <150cm, <160cm, <170cm, >170cm		
Juniors	<i>White -Blue Belts</i>		
	Male	<56kg, <68kg, >68kg	
	Female	<50kg, <60kg, >60kg	

Red / Black Belts

Male <50kg, <56kg, <62kg, <68kg, <75kg, >75kg

Female <45kg, <50kg, <55kg, <60kg, <65kg, >65kg

Seniors *White -Blue Belts*

Male <63kg, <78kg, >78kg

Female <56kg, <68kg, >68kg

Red / Black Belts

Male <57kg, <63kg, <70kg, <78kg, <85kg, >85kg

Female <50kg, <56kg, <62kg, <68kg, <75kg, >75kg

Adv. Senior Male <73kg, <85kg, >85kg

Female <58kg, <68kg, >68kg

Please note point sparring will be in place for all 10 years and under, white and yellow belts only. All other categories are continuous sparring.

Tots, Kids and Pre-Junior's all bouts will be 1 x 2 minutes

Juniors, Senior's & Adv. Senior bouts will be 1 x 3 minutes. Finals will be 2 x 2 minute rounds.

SPECIAL TECHNIQUE

White – Blue belt competitors will complete the following techniques:

- Nopi Chagi

Red & Black Belt competitors will complete the following techniques:

- Nopi Chagi
- Twimyo Yop Cha Jirugi

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POWER TEST

This is only open to competitors 14 years, green belt and above. All competitors will complete one (1) hand technique, and one (1) foot technique, as per ITF Scotland Tournament Rules in the pre-qualifying round. Medal rounds will follow the same procedure.

PRE-ARRANGED SPARRING

This is only open to competitors over 11 years of age, according to the following age categories and divisions.

Pre-Junior	11 – 13 years	i. White – Blue Belt
		ii. Red – Black Belt
Junior	14 – 17 years	i. White – Blue Belt
		ii. Red – Black Belt
Senior	18+ years	i. White – Blue Belt
		ii. Red – Black Belt

Teams can be Male, Female and / or Male and Female Mixed. Each team consists of two persons to complete a pre-arranged sparring routine of between 60-75 sec.

REGISTRATION & PAYMENT

Registration for this event, must be completed online, by instructors via

<http://www.handlesport.com/user/welcome>

- Registration opens 1st January 2017
- **Registration closes 15th February 2017, at 23:59 GMT**

No competitors can enter after the closing date!

Draws will be online from 18th February 2017 from 18:00 GMT onwards at www.handlesport.com

Instructors must pay registration Fees by 18th February 2017 to account:

International Taekwon-Do Federation (Scotland) Limited

Account Number: 43740861

Sort Code: 09-01-28

BIC: ABBYGB2LXXX

IBAN: GB64ABBY09012843740861

Please ensure you use school/club name as a reference.

COMPETITION ENTRY FEES

All competitors	£25
Spectators	£5 Adult
	£2 Children 5-15 years

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UMPIRES

Each school must participate with Umpire(s) according to the following (per day of competition):

- 3 to 6 competitors 1 Umpire
- 7 to 14 competitors 2 Umpires
- 15 to 24 competitors 3 Umpires
- 25 competitors or more 4 Umpires or more

Schools that do not participate with any Umpire(s) shall pay the amount of £50 for any missing umpire according to the number of competitors for each day.

Umpire Attire: Navy Suit, White Long Sleeved Shirt, Navy Tie,
White Martial Arts/Training Shoes.

Umpires will be provided with lunch and souvenir.

ALL UMPIRES MUST BE REGISTERED ONLINE BEFORE THE CLOSING DATE

COACHES

It is permitted to have a coach present at the event, as long as the club meets the umpire to competitor ratios per day. They may have the following number of coaches:

- 1 to 6 competitors 1 Coach
- 7 to 14 competitors 2 Coach
- 15 to 24 competitors 3 Coach
- 25 competitors or more up to a maximum of 5 coaches.

A coach must be a training, licensed member of your school

Coach Attire: club tracksuit, training shoes & towel

COACHES MUST BE REGISTERED ONLINE BEFORE THE CLOSING DATE

WEIGHT / HEIGHT CHECK

The weight / height check will take place at Ravenscraig Regional Sports Facility during the following times:

Friday 24/02/2017	from 6pm – 8pm (any competitor)
Saturday 25/02/2017	from 8am – 9am (only Junior/Senior/Adv. Senior)
Sunday 26/02/2017	from 8am – 9am

During weigh in ALL competitors must wear dobok trousers and t-shirt.

A tolerance of 0.5kg is given.

Competitors NOT making the weight / height shall be removed from the category, and charged an addition £5 to be moved to the appropriate category.

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EQUIPMENT REGULATIONS

According to ITF regulations all competitors must wear head protection during sparring event.

All competitors 10 years & under must also wear body armour.

Compulsory equipment

- Point sparring gloves (not boxing)
- Foot protection
- Head protection
- Gum shield
- Groin guard (males only)
- Body Armour (10 years and under)
- Shin guards (Optional)

ACCOMMODATION

It is recommended to use the following nearby accommodation, where we have secured a limited number of rooms at a reduced rate.

DoubleTree by Hilton Strathclyde

Pheonix Crescent, Strathclyde Business Park, Bellshill, ML4 3JQ

£75 B&B Standard rooms

£95 B&B Deluxe rooms

To book please call the hotel direct on 01698 39 55 50
Monday – Friday 9am-6pm and quote “ITF Scotland”

Rooms must be paid in full at the time of booking
Rooms are non-refundable
Rate only available until 27th January 2017.

Holiday Inn Express - Strathclyde

Hamilton Road, Motherwell, ML1 3RB

£57 B&B Standard Room

To book please use the following link, and choose the appropriate dates required, the discount would then be applied to the room booking.

https://www.hiexpress.com/redirect?path=hd&brandCode=ex&localeCode=en®ionCode=925&hotelCode=STDEX&rateCode=IXTAE&_P_MID=99502056&corpNum=786812898&viewfullsite=true